

Tabla de Peso Ideal (Kg) - Niños de 5 a edad adulta

cm	años-meses	5:0-5:11	6:0-6:11	7:0-7:11	8:0-8:11	9:0-9:11	10:0-10:11	11:0-11:5	11:6-11:11	12:0-12:5	12:6-12:11	13:0-13:5	13:6-13:11	14:0-14:5	14:6-14:11	15:0-15:5	15:6-15:11	16:0-16:5	16:6-16:11	17:0-17:5	17:6-17:11	Adultos + 18		
96.1-96.9	13.0	15.4																						
97.0-97.9	13.3	15.7																						
98.0-98.9	13.5	16.0																						
99.0-99.9	13.8	16.3																						
100.0-100.9	14.1	16.7																						
101.0-101.9	14.4	17.0	14.4	17.2																				
102.0-102.9	14.7	17.4	14.7	17.6																				
103.0-103.9	15.0	17.7	15.0	17.9																				
104.0-104.9	15.3	18.0	15.3	18.3																				
105.0-105.9	15.5	18.4	15.6	18.6																				
106.0-106.9	15.8	18.7	15.9	19.0	16.1	19.3																		
107.0-107.9	16.1	19.1	16.2	19.3	16.4	19.7																		
108.0-108.9	16.4	19.5	16.5	19.7	16.7	20.1																		
109.0-109.9	16.8	19.8	16.8	20.1	17.0	20.4																		
110.0-110.9	17.1	20.2	17.1	20.4	17.3	20.8	17.5	21.3																
111.0-111.9	17.4	20.6	17.4	20.8	17.6	21.2	17.9	21.7																
112.0-112.9	17.7	20.9	17.7	21.2	17.9	21.6	18.2	22.1																
113.0-113.9	18.0	21.3	18.0	21.6	18.2	22.0	18.5	22.5																
114.0-114.9	18.3	21.7	18.4	21.9	18.6	22.4	18.8	22.9	19.2	23.6														
115.0-115.9	18.6	22.1	18.7	22.3	18.9	22.8	19.2	23.3	19.5	24.0														
116.0-116.9	19.0	22.4	19.0	22.7	19.2	23.2	19.5	23.7	19.8	24.4														
117.0-117.9	19.3	22.8	19.3	23.1	19.6	23.6	19.8	24.1	20.2	24.9														
118.0-118.9	19.6	23.2	19.7	23.5	19.9	24.0	20.2	24.6	20.5	25.3	21.0	26.1												
119.0-119.9	20.0	23.6	20.0	23.9	20.2	24.4	20.5	25.0	20.9	25.7	21.4	26.6												
120.0-120.9	20.3	24.0	20.3	24.3	20.6	24.8	20.9	25.4	21.2	26.2	21.7	27.0												
121.0-121.9	20.6	24.4	20.7	24.7	20.9	25.2	21.2	25.8	21.6	26.6	22.1	27.5												
122.0-122.9	21.0	24.8	21.0	25.1	21.3	25.6	21.6	26.3	22.0	27.0	22.5	28.0	22.9	28.7										
123.0-123.9	21.3	25.2	21.4	25.5	21.6	26.0	21.9	26.7	22.3	27.5	22.8	28.4	23.3	29.2										
124.0-124.9	21.7	25.6	21.7	26.0	22.0	26.5	22.3	27.1	22.7	27.9	23.2	28.9	23.7	29.7	24.0	30.3								
125.0-125.9	22.0	26.1	22.1	26.4	22.3	26.9	22.6	27.6	23.0	28.4	23.6	29.3	24.1	30.2	24.4	30.8								
126.0-126.9	22.4	26.5	22.4	26.8	22.7	27.3	23.0	28.0	23.4	28.8	24.0	29.8	24.4	30.6	24.8	31.3								
127.0-127.9	22.7	26.9	22.8	27.2	23.0	27.8	23.4	28.5	23.8	29.3	24.3	30.3	24.8	31.1	25.2	31.8	25.6	32.5						
128.0-128.9	23.1	27.3	23.2	27.7	23.4	28.2	23.7	28.9	24.2	29.8	24.7	30.8	25.2	31.6	25.6	32.3	26.1	33.0						
129.0-129.9	23.5	27.8	23.5	28.1	23.8	28.6	24.1	29.4	24.5	30.2	25.1	31.3	25.6	32.1	26.0	32.8	26.5	33.5						
130.0-130.9	23.8	28.2	23.9	28.5	24.2	29.1	24.5	29.8	24.9	30.7	25.5	31.7	26.0	32.6	26.4	33.3	26.9	34.1	27.4	34.8				
131.0-131.9		24.2	29.0	24.5	29.5	24.9	30.3	25.3	31.2	25.9	32.2	26.4	33.1	26.8	33.8	27.3	34.6	27.8	35.3					
132.0-132.9		24.6	29.4	24.9	30.0	25.2	30.7	25.7	31.6	26.3	32.7	26.8	33.6	27.2	34.3	27.7	35.1	28.2	35.8					
133.0-133.9		25.0	29.9	25.3	30.4	25.6	31.2	26.1	32.1	26.7	33.2	27.2	34.1	27.6	34.8	28.1	35.6	28.7	36.4	29.2	37.2			
134.0-134.9		25.4	30.3	25.7	30.9	26.0	31.7	26.5	32.6	27.1	33.7	27.7	34.7	28.0	35.4	28.6	36.2	29.1	36.9	29.6	37.8			
135.0-135.9		25.8	30.8	26.0	31.4	26.4	32.1	26.9	33.1	27.5	34.2	28.1	35.2	28.4	35.9	29.0	36.7	29.5	37.5	30.1	38.4			
136.0-136.9		26.1	31.2	26.4	31.8	26.8	32.6	27.3	33.6	27.9	34.7	28.5	35.7	28.9	36.4	29.4	37.3	30.0	38.0	30.5	38.9			
137.0-137.9		26.5	31.7	26.8	32.3	27.2	33.1	27.7	34.1	28.3	35.2	28.9	36.2	29.3	37.0	29.8	37.8	30.4	38.6	31.0	39.5	31.5	40.4	
138.0-138.9			27.2	32.8	27.6	33.6	28.1	34.6	28.7	35.8	29.3	36.8	29.7	37.5	30.3	38.4	30.9	39.2	31.4	40.1	32.0	40.9		
139.0-139.9			27.6	33.3	28.0	34.1	28.5	35.1	29.2	36.3	29.8	37.3	30.1	38.1	30.7	38.9	31.3	39.7	31.9	40.7	32.5	41.5		
140.0-140.9			28.0	33.7	28.4	34.6	28.9	35.6	29.6	36.8	30.2	37.8	30.6	38.6	31.2	39.5	31.8	40.3	32.3	41.3	32.9	42.1		
141.0-141.9			28.4	34.2	28.8	35.1	29.3	36.1	30.0	37.3	30.6	38.4	31.0	39.2	31.6	40.1	32.2	40.9	32.8	41.8	33.4	42.7		
142.0-142.9			28.8	34.7	29.2	35.6	29.7	36.6	30.4	37.9	31.1	38.9	31.5	39.7	32.1	40.6	32.7	41.5	33.3	42.4	33.9	43.4		
143.0-143.9			29.2	35.2	29.6	36.1	30.2	37.1	30.9	38.4	31.5	39.5	31.9	40.3	32.5	41.2	33.1	42.1	33.7	43.0	34.4	44.0		
144.0-144.9			29.6	35.7	30.0	36.6	30.6	37.7	31.3	38.9	31.9	40.0	32.3	40.8	33.0	41.8	33.6	42.7	34.2	43.6	34.8	44.6		
145.0-145.9				30.5	37.1	31.0	38.2	31.7	39.5	32.4	40.6	32.8	41.4	33.4	42.4	34.1	43.2	34.7	44.3	35.3	45.2	36.1	46.1	
146.0-146.9				30.9	37.6	31.4	38.7	32.2	40.0	33.3	42.0	33.9	43.0	34.5	43.8	35.2	44.9	35.8	45.8	36.6	46.8	37.2	47.9	
147.0-147.9				31.3	38.1	31.9	39.2	32.6	40.6	33.3	41.7	33.7	42.6	34.4	43.5	35.0	44.4	35.7	45.5	36.3	46.5	37.1	47.4	
148.0-148.9				31.7	38.6	32.3	39.8	33.1	41.1	33.7	42.3	34.2	43.2	34.8	44.1	35.5	45.1	36.1	46.1	36.8	47.1	37.6	48.1	
149.0-149.9				32.2	39.2	32.7	40.3	33.5	41.7	34.2	42.8	34.6	43.7	35.3	44.7	36.0	45.7	36.6	46.7	37.3	47.7	38.1	48.7	
150.0-150.9				32.6	39.7	33.2	40.9	34.0	42.3	34.7	43.4	35.1	44.3	35.8	45.3	36.5	46.3	37.1	47.4	37.8	48.4	38.6	49.4	
151.0-151.9				33.0	40.2	33.6	41.4	34.4	42.8	35.1	44.0	35.6	44.9	36.3	45.9	36.9	46.9	37.6	48.0	38.3	49.0	39.1	50.0	
152.0-152.9					34.1	42.0	34.9	43.4	35.6	44.6	36.0	45.5	36.7	46.6	37.4	47.5	38.1	48.6	38.8	49.7	39.6	50.7	40.3	51.9
153.0-153.9					34.5	42.5	35.3	44.0	36.0	45.2	36.5	46.1	37.2	47.2	37.9	48.2	38.6	49.3	39.3	50.3	40.1	51.4	40.8	52.6
154.0-154.9					35.0	43.1	35.8	44.5	36.5	45.8	37.0	46.7	37.7	47.8	38.4	48.8	39.1	49.9	39.8	51.0	40.7	52.1	41.4	53.2
155.0-155.9					35.4	43.6	36.3	45.1	37.0	46.4	37.5	47.3	38.2	48.4	38.9	49.4	39.6	50.6	40.4	51.7	41.2	52.7	41.9	53.9
156.0-156.9					35.9	44.2	36.7	45.7	37.5	47.0	38.0	47.9	38.7	49.0	39.4	50.1	40.2	51.2	40.9	52.3	41.7	53.4	42.5	54.6
157.0-157.9					36.4	44.8	37.2	46.3	38.0	47.6	38.5	48.6	39.2	49.7	39.9	50.7	40.7	51.9	41.4	53.0	42.3	54.1	43.0	55.3
158.0-158.9					37.7	46.9	38.4	48.2	38.9	49.2	39.7	50.3	40.4	51.4	41.2	52.5	41.9	53.7	42.8	54.8	43.6	56.0	44.4	57.0
159.0-159.9					38.1	47.5	38.9	48.8	39.4	49.8	40.2	50.9	41.0	52.0	41.7	53.2	42.5	54.4	43.4	55.5	44.1	56.8	45.0	57.8
160.0-160.9					38.6	48.1	39.4	49.4	39.9	50.4	40.7	51.6	41.5	52.7	42.2	53.9	43.0	55.0	43.9	56.2	44.7	57.5	45.6	58.5
161.0-161.9					39.1	48.7	39.9	50.0	40.4	51.1	41.2	52.2	42.0	53.3	42.8	54.6	43.5	55.7	44.5	56.9	45.5	58.2	46.1	59.2
162.0-162.9					39.6	49.3	40.4</																	